

# PVGVB Code of Conduct 2023

## Behavior

Our players represent Panther Valley Area High School Girls Volleyball Program. I expect our players to act appropriately in school, in the community, and through social media.

If you get in trouble in school, you will have consequences with me as well.

If we find out an athlete is posting negative things about this program or school on any type of social media, there will be consequences.

## Player Misconduct Policy

In addition to the above rules/consequences, our program has a **Player Misconduct Policy**. Player Misconduct refers to, "any behavior as perceived by the coaching staff as being detrimental to the program and a violation of written/spoken/ implied team rules", which may include but **is NOT LIMITED TO:**

- Talking back to a coach
- Intentional failure to complete a coaches' direction
- Inappropriate behavior towards a player/coach/parent
- Failure to be in an assigned area at a given time
- Inappropriate use of social media/texting to criticize another program member or staff member

**1st Infraction** - Verbal reprimand by head coach/coaching staff with redirection at immediate time of behavior occurring

**2nd Infraction** - Verbal reprimand by head coach/coaching staff and redirection at immediate time of behavior occurring AND a private meeting between player/coaching staff with student at the conclusion of the practice/event discussing the occurrence

**3rd Infraction** - Verbal reprimand by head coach/coaching staff and immediate removal from practice/activity (player expected to remain in gym, silent on sideline) AND private meeting with player/parents/coaching staff to discuss occurrence **AND 2 PERFORMANCE DAYS WORTH OF TEAM SUSPENSION**

**4th Infraction** - Verbal reprimand by head coach/coaching staff and immediate removal from practice/activity AND ejection from gym/activity AND private meeting with player/parents/coaching staff/athletic director to discuss occurrence AND **SUSPENSION OF PLAYER FROM TEAM FOR SEASON**

\*\*\*If player's attitude/behavior escalates at time of redirection, player may be asked to leave gym if necessary. Also, if player misconduct occurs during a competition, coaches reserve the right to remove player immediately from competition by the head coach. If the coaching staff deems necessary due to a high scale incident occurring that directly causes harm to the individual player/team, they have the authority to expedite this process (ex. Move immediately to a player or parent meeting in conjunction with a verbal warning)\*\*\*

\*\*\* If you decide to leave practice on your own terms, you **MUST** have a conversation with the coach to be welcomed back into practice/ or on the team.\*\*\*

## **School Attendance**

If you are not in school, you do not play or practice.

If they are late and it is unexcused, you are NOT allowed to participate in practice or game.

All students must be in the JSHS by 8:21AM regular schedule (1-hour delay 9:21AM and 2-hour delay 10:21AM) or they are considered tardy and cannot participate in sports and extracurricular activities for that day.

## **Academic Eligibility**

You are a student-athlete. If you are not performing in the classroom, you will not be performing on the court.

If you are not passing on a weekly basis, you will be out for a complete week. If you are not passing at the end of the marking period, you will be out for a total of 15 school days.

You will be allow to participate in practice, but not during games.

## **Drugs and Alcohol**

**NOT ACCEPTABLE AT ALL!**

### **If caught using tobacco:**

- 1st time- Student will be out for one practice, but **MUST** attend it.
- 2nd time- No games or practices for 3 consecutive days and cannot attend them.  
Student will be referred to SAP
- 3rd time- You are **OFF** of the team.

### **If caught with or using alcohol or drugs:**

- 1st time- Student is out of games and practices for 15 consecutive days. You **MUST** attend practice and game, but no participation. Student must enroll in a rehabilitation program because returning to the team.
- 2nd time- You are **OFF** of the team
- 3rd time- Student is suspended from all athletics for a year to date.

### **If caught using enhancement drugs:**

- 1st time- Student is suspended from participating in school activities from the rest of the school year
- 2nd time- Student is suspended from participating in school activities for the next school year.
- 3rd time- Permanent suspension from participating in school activities.

**PARENTS WILL ALWAYS BE CONTACTED!**

## **Physicals / Injuries**

- Students are not allowed to play without a physical.
- If something does happen to your child during the season, they need clearance before they can return back on the court. Parent clearance is not acceptable.
- If they go see a doctor, they need a doctors clearance note to be able to participate.

## **Travel**

**All team members must take the bus to and from games.**

All players are expected to **REMAIN AT ALL MATCHES** for both the JV and VARSITY matches. JV cannot leave early AND varsity cannot arrive late. Both varsity and junior varsity players will have an assigned area to be seated in during matches. No one other than team members are to be seated with the team.

### **\*Chain of Command\***

If parents/guardians have any issues, please contact the people in this order: Myself (Emilie Baker), Athletic Director, Principal, then Superintendent.

### **Equipment**

As we go into the season, the girls receive different equipment that must be returned at the end of the season. When receiving this equipment, they are responsible for it until it is returned to the head coach. If the items are not returned as they were given to you or not returned at all, you will be billed to replace the needed equipment. Jerseys are the only thing that will be returned to the head coach

Athletes are to take care of all the volleyball equipment. If the equipment is not taken care of correctly, there will be consequences.

### **Team Rules**

1. Practices and Games are MANDATORY- Athletes will receive consequences for missing practice. Unless excused by the coach before hand.
2. Everyone must arrive to practice 15 minutes prior to practice starting. If practice starts at 5, we step on the court at 5. The 15 minutes gives them time to put on their gear and set up the net.
3. ALL ATHLETES SET UP AND TEAR DOWN THE NET!
4. Everything is to be cleaned up at the end of practices or games before anyone leaves.
5. When we travel, we will wear our travel shirt and an appropriate bottom.
6. Athletes must bring all uniforms with them. They also must have white kneepads, white socks, black nike spandex, and our team shoes.
7. Girls are not allowed to have cell phones out or use them during practice. They also must be on silent during practice. Cell phones are to remain in the locker room during games and practices.

8.

Girls must follow Covid rules!

## **POSITIONS**

Class rank (grade level) DOES NOT dictate playing time or placement on JV/VARSITY. Ability and coach's discretion will be used to make playing decisions. No positions are permanent. This also includes designation of captains, which are positions assigned by the coaching staff at their complete discretion. Coaches will make all team related decisions. Questions or concerns about coaching decisions regarding YOUR CHILD may be directed to the HEAD COACH through a DESIGNATED APPOINTMENT. Parental questions regarding playing time, position, etc. will not be discussed before, after, or during a match/tournament. Parents are reminded that it is not their role to assess other players' talent during competitions, practices, etc. A coach has the right to terminate a conversation at any time in lieu of setting up an official meeting. **ALL CONCERNS ARE TO BE ADDRESSED TO THE HEAD COACH OF THE PROGRAM, AS ALL DECISIONS ARE DETERMINED BY THE HEAD COACH.**

## **Speaking to a coach**

All of these girls are in high school and they are the girls receiving the playing time. If playing time is an issue, the ATHLETE is to come to the head coach first. Not parents. Please do not come talk to the coaching staff about something of concern before, during, or after a game. If something is concerning you as a parent, besides playing time, we will set up a meeting that will include you, your child, my coaching staff, and myself. If necessary, we will have the Athletic Director there as well.

## **Earning a Varsity Letter**

In this program, athletes need to participate in 25 % of sets at the Varsity level during one season to receive a varsity letter.

## PVGVB CODE OF CONDUCT 2023-2024

*Signature of Acceptance*

I have read the PVGVB Code of Conduct. I understand the rules and all of the information provided. I will follow these rules and understand the consequences that come with not following them.

PLEASE SIGN AND DATE

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Student-Athlete's Name (Print and Sign)

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Date

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Parent/Guardian Name (Print and Sign)

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Date